

Developing leaders and organisations to their full potential™

LEADERSHIP FOR WOMEN®

Women face unique challenges as they move higher in their organisations. This programme explores these challenges and helps participants to meet the demands of modern business.

Leadership for Women is designed to equip participants with the tools and skills to realise their potential and to build outstanding personal leadership qualities.



Experience the LMI® difference



This LMI® course is designed to help participants:

- Realise potential for personal leadership
- Build on strengths and improve self-image
- Develop a written plan for success
- Make choices for success by overcoming past conditioning and self-limiting obstacles
- Enhance effective communication
- Planning and goal setting



MODULE ONE

Concepts and overview workshop

The Total Leader® Concept
What is Success?
Importance of Attitude
Developing potential workplace goals
Self-evaluation exercise

MODULE TWO

Goals Workshop

Finalise Course Goals
Establish Tracking Mechanisms
Determine Return on Investment

MODULE THREE

Personal Leadership is Where It Begins

To Know Yourself is to Lead Others
The Untapped Potential of Women Leaders
The Rewards of Personal Leadership
The Journey of Successful Personal Leadership

MODULE FOUR

The Challenge of Conditioning

Redefining Women's Leadership Roles
A Great Time for Women
Challenging the Effects of Conditioning
Your Unlimited Potential to Succeed
Encouraging Others to Succeed

MODULE FIVE

Building A Positive Self-Image

The Importance of Self-Image
Self-Image and Leadership
Strengthening Your Self-Image
Enjoying the Freedom to Choose
Preparing for Leadership Opportunities
Living with Positive Expectancy
Attitude is Everything

MODULE SIX

Understanding Motivation

Motivation and Needs
Understanding Our Basic Human Needs
Traditional Approaches to Motivation
The Power of Motivation through Attitude
Motivation and Your Meaning of Life
Commitment to a Single Purpose
Defining Your Life's Personal Mission

MODULE SEVEN

The Power of Goal Setting

The Importance of Your Values
The Principles of Goal Setting
Five Steps to Successful Goal Setting
Goal Setting Helps Balance Family and Work

MODULE EIGHT

Affirmation and Visualisation

The Power of Affirmation
Types of Affirmation
Why Affirmations Work
Guidelines for Effective Affirmations
Visualisation and your Imagination
Visualisation and Leadership Priorities

MODULE NINE

The Challenge of Leadership

Integrating Personal Goals and Leadership
Planning for Goal Accomplishment
Attitudes for Leading Others
Sharing Power with Team Members
The Art of Empowering Others
Delegating with a Purpose
Tracking Performance
Trust, Respect and Productivity

MODULE TEN

Time Management

Time is your Friend
Types of Time Problems
A positive Time Programme
Planning and Decision Making
Controlling your Time

MODULE ELEVEN

Communication and Persuasion

The Importance of Good Communication
Planning The Total Message
Breaking Down Psycho-Social Barriers
Communicating Verbally
Using Your Power to Persuade

MODULE TWELVE

Your Final Destination - Personal Fulfilment and Leadership Success

Dreams Become Reality
The Widening Circle of Success
The Rewards of Leadership
The Leadership Challenge

THE UNIQUE LMI PROCESS

- Specific workplace goals for learning and performance improvement are established in consultation with the participant and Company management
- Individual support from the LMI® Coach guides the participant's "on the job" application of the learning to the accomplishment of the goals
- Complete resource materials allow multi-sensory learning and regular review
- Thirteen interactive modules are facilitated in convenient weekly workshops
- Each workshop concludes with application and action steps to produce measurable results
- LMI's unique online feedback system monitors real time progress
- Mid and post-course reviews are conducted by the LMI® Coach with the participant and their chosen manager/mentor
- Participants present key results and a summary of accomplishments at a special graduation meeting