

Developing leaders and organisations to their full potential™

# EFFECTIVE PERSONAL LEADERSHIP®

Organisations that allow people to develop their individual potential and personal leadership characteristics produce highly confident and self-motivated managers and leaders.

The Effective Personal Leadership Course builds on existing skills and strengths and helps individuals grow the personal characteristics and attitudes needed to succeed in today's fast-paced environment.



Experience the LMI® difference



## This LMI® course is designed to help participants:

- Realise potential for personal leadership
- Make choices for success by overcoming past conditioning
- Set and achieve key business goals
- Overcome self-limiting obstacles to leadership
- Experience self motivation by altering attitudes and habits
- Develop a written plan for success



### MODULE ONE

#### *Concepts and overview workshop*

The Total Leader® Concept  
The meaning of personal leadership  
Personal versus formal leadership  
Developing potential workplace goals  
Self-evaluation exercise

### MODULE TWO

#### *Your potential for personal leadership*

Believing in your full potential  
Discovering untapped potential  
Opportunities for leadership growth  
Personal leadership requires courage  
Focusing on your strengths  
Personal leadership is internal

### MODULE THREE

#### *The source of personal leadership*

Self-knowledge and emotional intelligence  
Leading with emotional intelligence  
Understanding our past  
Breaking free from conditioning  
Developing a strong self-image  
True leaders are authentic leaders  
Committing to authentic leadership

### MODULE FOUR

#### *Six essentials of personal leadership*

1. Personal responsibility
2. Purpose
3. Plan
4. Passion
5. Positive expectancy
6. Persistence

### MODULE FIVE

#### *Take personal responsibility*

Personal responsibility equals freedom  
Personal responsibility/self-motivation  
Recognising our basic human needs  
Motivation through fear  
Motivation through incentives  
Motivation through attitudes

### MODULE SIX

#### *Discover your purpose*

Singleness of purpose needs commitment  
Discovering your life purpose  
Establishing your priorities  
Creating a personal mission statement  
The fundamentals of goal setting

### MODULE SEVEN

#### *Plan your path*

Programming your goal-setting computer  
Committing to your goals  
Understanding different goal types  
Obstacles to goal achievement  
The power of target dates  
Is it worth it to me?

### MODULE EIGHT

#### *Ignite your passion*

Making passion a way of life  
The hallmarks of genuine passion  
Enthusiasm reflects your passion  
Controlling the emotional climate  
How to build enthusiasm  
The benefits of enthusiasm

### MODULE NINE

#### *Act with positive expectancy*

Positive expectancy requires belief  
How positive expectancy works  
Positive expectancy starts with affirmation  
Positive expectancy is magnified with visualisation  
Developing an attitude of positive expectancy

### MODULE TEN

#### *Follow through with persistence*

Reasons why people quit  
Developing iron-willed persistence  
Turning adversity into opportunity  
Making good decisions requires persistence  
Persistence pays off

### MODULE ELEVEN

#### *Living a balanced life*

The Total Person® and personal leadership  
Planning time with priorities in mind  
Time is your most valuable asset  
Taking responsibility for your time use  
Becoming a Total Person®

### MODULE TWELVE

#### *The art of successful communication*

Leaders are communicators  
The critical role of empathy  
Learning to listen with empathy  
Developing empathy  
Setting an example by relationship management  
Leadership through communication

### THE UNIQUE LMI PROCESS

- Specific workplace goals for learning and performance improvement are established in consultation with the participant and Company management
- Individual support from the LMI® Coach guides the participant's "on the job" application of the learning to the accomplishment of the goals
- Complete resource materials allow multi-sensory learning and regular review
- Thirteen interactive modules are facilitated in convenient weekly workshops
- Each workshop concludes with application and action steps to produce measurable results
- LMI's unique online feedback system monitors real time progress
- Mid and post-course reviews are conducted by the LMI® Coach with the participant and their chosen manager/mentor
- Participants present key results and a summary of accomplishments at a special graduation meeting

### MODULE Thirteen

#### *Multiplying your leadership*

Leaders have integrity and character  
Leaders are role models  
Leaders are developers of people  
Leaders are empowers of people  
The rewards of empowering others  
Living a life filled with potential  
The leadership challenge